

## Bowmen Band - Sherwood High School Band Proficiencies

Sherwood High School Band Proficiencies are playing tests graded using the proficiency playing test rubrics. Each band has been assigned a developmentally appropriate & achievable sequence. Each proficiency is to be turned in and received electronically via email to [sherwoodbandtests@gmail.com](mailto:sherwoodbandtests@gmail.com) by 7am on the designated due date.

**Email Proficiencies to:** [sherwoodbandtests@gmail.com](mailto:sherwoodbandtests@gmail.com)

**Subject Heading Must Include:** Your Name, Proficiency Number (Example: Miles Davis, Proficiency #1)

### Proficiency Timeline

- |                              |  |
|------------------------------|--|
| 1. October 3 <sup>rd</sup>   | 6. February 6 <sup>th</sup>                                    |
| 2. October 24 <sup>th</sup>  | 7. March 6 <sup>th</sup> – (Solo & Ensemble Recital Recording) |
| 3. November 14 <sup>th</sup> | 8. April 8 <sup>th</sup>                                       |
| 4. December 12 <sup>th</sup> | 9. April 24 <sup>th</sup> (Concert & Bowmen Bands Only)        |
| 5. January 17 <sup>th</sup>  | 10. May 15 <sup>th</sup> (Concert & Bowmen Bands Only)         |

### Bowmen Band – Woodwinds & Brass

- Playing Proficiency 1
  - Track 1)** Wind Technique Book: One Octave Major Scale: Concert C, Concert F, Concert B-flat, Concert E-flat, Concert A-flat, Concert D-flat
  - Track 2)** Handout – Chromatic Scale – Ensemble Chromatic
  - Specific Instructions for All Scales:
    - Dynamic: mf; Tempo Quarter Note = 110
    - Articulation: Slur
- Playing Proficiency 2
  - Track 1)** Wind Technique Book: Lip Slur 1
  - Track 2)** Wind Technique Book: Lip Slur 2
  - Track 3)** Wind Technique Book: Lip Slur 3
  - Specific Instructions for All Slurs:
    - Dynamic: mf; Tempo Quarter Note = 100
- Playing Proficiency 3
  - Track 1)** Solo Packet – Bouree
    - Perform Measures 4 (with pickup note) - 33
    - Tempo Quarter = 104
- Playing Proficiency 4
  - Track 1)** Wind Technique Book: One Octave Major Scales: Concert G-flat, Concert B, Concert E, Concert A, Concert D, Concert G
    - Dynamic: mf; Tempo Quarter Note = 80
- Playing Proficiency 5
  - Track 1)** Wind Technique Book: Lip Slur 4
  - Track 2)** Wind Technique Book: Articulation Exercise 2
  - Specific Instructions for All Recordings:
    - Dynamic: mf; Tempo Quarter Note = 100

6. Playing Proficiency 6
  - Woodwinds
    - i. **Track 1)** Solo Packet – Rondo from Concerto No. 3
      1. Perform Measures 5-38
      2. Tempo Dotted Quarter = 84
  - Brass
    - i. **Track 1)** Solo Packet – Giga from Sonata in F
      1. Perform Measures 5-38(downbeat of 38 only).
      2. Tempo Dotted Quarter = 96
7. Playing Proficiency 7
  - **Track 1)** Record your performance at the Solo & Ensemble Performance Recital Night
8. Playing Proficiency 8
  - **Track 1)** Wind Technique Book: Two Octave Major Scales Scales: Concert C, Concert F, Concert B-flat, Concert E-flat, Concert A-flat, Concert D-flat
    - i. Dynamic: mf; Tempo Quarter Note = 110
9. Playing Proficiency 9
  - **Track 1)** Wind Technique Book: Lip Slur 5
  - **Track 2)** Wind Technique Book: Articulation Exercise 3
  - Specific Instructions for All Recordings:
    - i. Dynamic: mf; Tempo Quarter Note = 100
10. Playing Proficiency 10
  - Woodwinds
    - i. **Track 1)** Solo Packet – Sonatina
      1. Perform Measures 5-47
      2. Tempo Quarter = 120
  - Brass
    - i. **Track 1)** Solo Packet – Romanza From Horn Concerto No. 4
      1. Perform Measures 5-14, 25-50
      2. Tempo Quarter = 69

## Bowmen Band – Percussion

1. Playing Proficiency 1
  - **Track 1)** Wind Technique Book: One Octave Major Scale: Concert C, Concert F, Concert B-flat, Concert E-flat, Concert A-flat, Concert D-flat
  - **Track 2)** Handout – Chromatic Scale – Ensemble Chromatic
  - Specific Instructions for All Scales:
    - i. Dynamic: mf; Tempo Quarter Note = 110
2. Playing Proficiency 2
  - **Track 1)** Accents & Rebounds – Accented 8ths
    - i. Pg. 4, #1-8, Half Note = 50
  - **Track 2)** Accents & Rebounds – Accented 8ths
    - i. Pg. 4, #1-8, Half Note = 80
  - **Track 3)** Accents & Rebounds – Accented 8ths
    - i. Pg. 5, #13-20, Half Note = 50
  - **Track 4)** Accents & Rebounds – Accented 8ths
    - i. Pg. 5, #13-20, Half Note = 80

3. Playing Proficiency 3
  - **Track 1)** Solo Packet – Bouree
    - i. Perform Measures 4 (with pickup note) - 33
    - ii. Tempo Quarter = 104
4. Playing Proficiency 4
  - **Track 1)** Wind Technique Book: One Octave Major Scales: Concert G-flat, Concert B, Concert E, Concert A, Concert D, Concert G
    - i. Dynamic: mf; Tempo Quarter Note = 110
5. Playing Proficiency 5
  - **Track 1)** Art of Percussion: Tambourine Proficiency – One Hand Technique
    - i. Pg. 6 Dynamic: mp; Tempo Quarter Note = 90
  - **Track 2)** Art of Percussion: Tambourine Proficiency – One Hand Technique
    - i. Pg. 7 Dynamic: mf; Tempo Quarter Note = 90
  - **Track 3)** Art of Percussion: Tambourine Proficiency – One Hand Technique
    - i. Pg. 8 Dynamic: f; Tempo Quarter Note = 130
6. Playing Proficiency 6
  - **Track 1)** Solo Packet – Snare Drum Journey
    - i. Perform Measures 1 – 51 (Downbeat of 51 only)
    - ii. Tempo Half Note = 112
7. Playing Proficiency 7
  - **Track 1)** Record your performance at the Solo & Ensemble Performance Recital Night
8. Playing Proficiency 8
  - **Track 1)** Accents & Rebounds - The Two-Beat Roll vs. The Buzz
    - i. Pg. 25, #1-8, Tempo is Quarter Note = 100
  - **Track 2)** Accents & Rebounds - The Two-Beat Roll vs. The Buzz
    - i. Pg. 26, #1-8, Tempo is Quarter Note = 100
9. Playing Proficiency 9
  - **Track 1)** Art of Percussion: Bass Drum Proficiency – Legato Stroke
    - i. Pg. 44 Dynamic: mf; Tempo Quarter Note = 120
  - **Track 2)** Art of Percussion: Bass Drum Proficiency – Legato Stroke
    - i. Pg. 45 Tempo Quarter Note = 120
  - **Track 3)** Art of Percussion: Bass Drum Proficiency – Legato Stroke
    - i. Pg. 46 Tempo Quarter Note = 120
10. Playing Proficiency 10 – Choose One or the Other
  - **Track 1)** Solo Packet – Snare Drum Journey
    - i. Perform Measures 51 – 90
    - ii. Tempo Half Note = 112
  - **Track 1)** Solo Packet – Sonatina
    1. Perform Measures 5-47
    2. Tempo Quarter = 120